

Spiritual Blooming- A Four Module Transformational Program



What if you could:

- Learn to cultivate the lightness, brightness and joy of a soul-driven life as your dominant, go-to place.
- Break free from the blindness of fear, doubt and isolation by living in the steady connection of “soul consciousness.”
- Become part of a spiritual team contributing to personal and world transformation, using the power of “higher mind” consciousness that lives in the soul.
- Deepen the bond with your higher self, enabling you to both receive clear messages, and to “BE” allowing you to deliver your unique configuration of spiritual gifts to the world.

Are you ready to Transcend ego-isolated consciousness, and live from your Soul and a greater whole?

These workshops are for those who are looking for a “spiritual transformation”..... to let go and allow a new awareness to shine through, to begin or continue a lifelong unfolding of a greater consciousness that holds you in the embrace of a connected, loving, expansiveness that becomes a constant companion.

From our direct experience, this type of soul-knowing increases connection to your true self and opens spiritual empowerment, intuitive understanding and a deep sense of surrender/letting go that silences the petty concerns of individual ego.

Are you ready for a new awareness to shine/radiate through you?

Join us in a series of 4 workshops that build on each other. These workshops were developed by our Spiritual Teacher of over 16 years who trained us personally to deliver them.

Each Workshop includes:

- Sacred spiritual meditations
- Group alchemical hypnosis for deep inner shifts
- Spiritual self-inquiry processes to reveal deep truths
- Unique Pranayamic breathwork to facilitate lasting change

Weekend 1: Oct 7-8

Weekend 2: Nov 4-5

Weekend 3: Dec 2-3

Weekend 4: Jan 6-7

10am to 5:30 pm EST

Investment: \$1550

\$1300 if paid in full by Sept 22- Monthly payment plan available

For Registration and to hold a spot-

<https://laurieandmichaelstransformationalclasses.teachable.com/p/spiritual-blooming11>

Your facilitators/mentors:



Lauren Rose, LCSW, ACHt , and **Michael Rosenbaum**, ACHt, MP, are lifelong meditators and spiritual practitioners who have been studying together for over 15 years. Both are certified transformational hypnotherapists and RoHun practitioners. In addition, Lauren is a licensed clinical social worker of 40 plus years, and trained in breath therapy training. For years she taught and trained Heart-Centered Hypnotherapy and personal transformation workshops. Her psycho-spiritual approach incorporates both traditional and alternative practices, focusing on mind, body and spirit as integral to the healing process. Michael is a certified energy worker from the Barbara Brennen School who helps people “live happy” by transforming unhealthy behaviors and stuck emotions, and learning to live from a place of joy from their higher selves. He is a certified metaphysician practitioner and was trained by Dr. Michael Newton to take people on a journey to the “life between lives.” Both Lauren and Michael bring a loving, open, and direct style to their work. Their practices are in Park Ridge, IL, and Danbury, CT, respectively.